

Pathway #3: 1-year cycle over 3 terms

Life to the Full Primary

EYFS

Preschool & Reception

Term	Module and Unit	Session Title	Session Length
Autumn II	EYFS, Module 1, Unit 1	Story Sessions: Handmade With Love	5 x 15-minute sessions over 5 days
	EYFS, Module 1, Unit 2	Session 1: I Am Me	15 minutes
		Session 2: Heads, Shoulders, Knees and Toes	15 minutes
		Session 3: Ready Teddy?	15 minutes
Spring I	EYFS, Module 1, Unit 3	Session 1: I Like, You Like, We All Like!	15 minutes
		Session 2: Good Feelings, Bad Feelings	15 minutes
		Session 3: Let's Get Real	15 minutes
	EYFS, Module 1, Unit 4	Session 1: Growing Up	15 minutes
Spring II and Summer I	EYFS, Module 2, Unit 1	Session 1: Role Model	2 x 15-minute sessions
	EYFS, Module 2, Unit 2	Session 1: Who's Who?	15 minutes
		Session 2: You've Got A Friend in Me	15 minutes
		Session 3: Forever Friends	15 minutes
	EYFS, Module 2, Unit 3	Session 1: Safe Inside and Out	15 minutes
		Session 2: My Body, My Rules	15 minutes

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Term	Module and Unit	Session Title	Session Length
		Session 3: Feeling Poorly	15 minutes
		Session 4: People Who Help Us	15 minutes
Summer II	EYFS, Module 3, Unit 1	Session 1: God is Love	15 minutes
		Session 2: Loving God, Loving Others	15 minutes
	EYFS, Module 3, Unit 2	Session 1: Me, You, Us	15 minutes

KS1

Year 1 & Year 2

Term	Module and Unit	Session Title	Session Length
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Let the Children Come	5 x 10-minute sessions over 5 days
	KS1, Module 1, Unit 2	Session 1: I Am Unique	30 minutes
		Session 2: Girls and Boys	30-40 minutes
		Session 3&4: Clean and Healthy (My Body)	40 minutes (2 sessions)
Spring I	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes	40 minutes
		Session 2: Feeling Inside Out	30 minutes
		Session 3: Super Susie Gets Angry	40 minutes
	KS1 Module 1 Unit 4	Session 1: The Cycle of Life	30 minutes

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Term	Module and Unit	Session Title	Session Length
Spring II	KS1, Module 2, Unit 1	Session 1: God Loves You	40 minutes
	KS1, Module 2, Unit 2	Session 1: Special People	30 minutes
		Session 2: Treat Others Well...	35 minutes
		Session 3: ...and Say Sorry	30 minutes
Summer I	KS1, Module 2, Unit 3	Session 1: Being Safe	35 minutes
		Session 2: Good and Bad Secrets	35 minutes
		Session 3: Physical Contact	45 minutes (or 2 x 25 minutes)
		Session 4: Harmful Substances	30 minutes
		Session 5: Can You Help Me? (Part 1)	35 minutes
		Session 6: Can You Help Me? (Part 2)	35 minutes
Summer II	KS1, Module 3, Unit 1	Session 1: Three In One	25 minutes
		Session 2: Who is My Neighbour?	30 minutes
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In	35 minutes

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LKS2

Year 3 & Year 4

Term	Module and Unit	Session Title	Session Length
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: Get Up!	5 x 15-minute sessions over 5 days
		Session 2: The Sacraments	45 minutes
	LKS2 Module 1, Unit 2	Session 1: We Don't Have to be the Same	45 minutes
		Session 2: Respecting our Bodies	45 minutes
		Session 3: What is Puberty? Year 4 only	45 minutes
		Session 4: Changing Bodies Year 4 only	45 minutes
		Session 5: Male/Female Discussion Groups (optional) Year 4 only	45 minutes
Spring I	LKS2 Module 1, Unit 3	Session 1: What Am I Feeling?	45 minutes
		Session 2: What Am I Looking At?	45 minutes
		Session 3: I Am Thankful	45 minutes
	LKS2 Module 1, Unit 4	Session 1: Life Cycles	45 minutes
Spring II	LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend	5 x 15-minute sessions over 5 days
	LKS2 Module 2, Unit 2	Session 1: Friends, Family and Others...	45 minutes
		Session 2: When Things Feel Bad	45 minutes
Summer I	LKS2 Module 2, Unit 3	Session 1: Sharing Online	45 minutes

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Term	Module and Unit	Session Title	Session Length
		Session 2: Chatting Online	45 minutes
		Session 3: Safe In My Body	45 minutes
		Session 4: Drugs, Alcohol and Tobacco	45 minutes
		Session 5: First Aid Heroes	45 minutes
Summer II	LKS2 Module 3, Unit 1	Session 1: A Community of Love	30 minutes
		Session 2: What is the Church?	45 minutes
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?	50 minutes

UKS2

Year 5 & Year 6

Term	Module and Unit	Session Title	Session Length
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm	5 x 15-minute sessions over 5 days
	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents	45-60 minutes
		Session 2: Girls' Bodies	45-60 minutes
		Session 3: Boys' Bodies	45-60 minutes
		Session 4: Spots and Sleep	45-60 minutes
Spring I	UKS2 Module 1, Unit 3	Session 1: Body Image	45-60 minutes

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Term	Module and Unit	Session Title	Session Length
		Session 2: Peculiar Feelings	45-60 minutes
		Session 3: Emotional Changes	45-60 minutes
		Session 4: Seeing Stuff Online	45-60 minutes
	UKS2 Module 1, Unit 4	Session 1: Making Babies (Part 1)	45-60 minutes
		Session 2: Making Babies (Part 2) May be omitted or may be set as a homework task with parents.	45-60 minutes
		Session 3: Menstruation	45-60 minutes
Spring II	UKS2 Module 2, Unit 1	Session 1: Is God Calling You?	45-60 minutes
	UKS2 Module 2, Unit 2	Session 1: Under Pressure	45-60 minutes
		Session 2: Do You Want A Piece of Cake?	45-60 minutes
		Session 3: Self-Talk	45-60 minutes
		Session 4: Build Others Up Year 6 only	60 minutes
Summer I	UKS2 Module 2, Unit 3	Session 1: Sharing Isn't Always Caring	45-60 minutes
		Session 2: Cyberbullying	45-60 minutes
		Session 3: Types of Abuse	45-60 minutes
		Session 4: Impacted Lifestyles	45-60 minutes
		Session 5: Making Good Choices	45-60 minutes
		Session 6: Giving Assistance	45-60 minutes

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Term	Module and Unit	Session Title	Session Length
Summer II	UKS2 Module 3, Unit 1	Session 1: The Holy Trinity	45-60 minutes
		Session 2: Catholic Social Teaching	45-60 minutes
	UKS2 Module 3, Unit 2	Session 1: Reaching Out	45-60 minutes