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Based on the gospel for 31 October, Solemnity of All Saints: Matthew 5:1-12a

"Happy those who hunger and thirst for what is right: they shall be satisfied."

In his social encyclical, *Laudato Si*, Pope Francis highlights the injustice of environmental change and the effect this has on people who are poor, who are most vulnerable to its effects. It is the poorest who end up paying the price for the greed of energy consumption of the developed world.

Two saints in particular show us through their lives how to be hungry for justice and to thirst for what is right in our world. Saint Francis of Assisi, who radically changed his life in order to save others. And Saint Mother Teresa, who fought for the dignity of the human person and was a voice for the poor, the sick, the homeless, the displaced, those forgotten and marginalised by society.

Inspired by their example, in little deeds and the changes we make to our daily life in caring for creation, we can also help those most vulnerable in our world.

May our hunger and thirst be to change our habits which harm those who are poor. May we become more aware of our need to stand in solidarity with our planet and those who suffer as a consequence of our choices.

As we draw ever closer to the COP26 climate talks, we ask the Holy Spirit to inspire humanity to form a positive response to the cry of creation. was granted. His life was transformed by his encounter with Jesus.

Lord, bless the changes we seek to make for the good of all humanity, in order to preserve life and help our planet recover from our excess. Amen.



COP26 Day of Action

Join the global day of action on Saturday 6 November to make sure that our call for climate action is not ignored.

[Sign up](#)


COP26 climate summit prayer

The Catholic Bishops' Conference of England and Wales encourage us to pray for world leaders meeting in Glasgow.

[Join in prayer](#)


Remembrance prayers

As All Souls' Day approaches, we remember all those who have died. These prayers may offer comfort to those mourn.

[Read more](#)

This reflection and prayer were written by Father Alexander Taylor, Assistant Priest at Sacred Heart and Holy Souls Church in Birmingham.



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Catholic Agency for Overseas Development
Romero House, 55 Westminster Bridge Road,
London,
SE1 7JB,