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Based on the gospel for Sunday 12 June, The Most Holy Trinity: John 16:12-15

**“When the Spirit of truth comes he will lead you to the complete truth.”**

There is a sense of urgency in this Gospel, in contrast to all the depictions of the Trinity in art, where the serenity of the Trinity is visible.

Jesus knows he is leaving the apostles and feels he still has so much to tell them. However, he is giving them hope that help is at hand – in the Holy Spirit, another of the three persons of the Triune Godhead – who will infuse them with “the complete truth”.

The Apostles had experienced this Trinity before. First at the Baptism of Jesus and later at the Transfiguration when they heard the voice of the Father praise the Son and saw the Holy Spirit hovering above him.

We cannot understand fully the mystery of the Trinity. But these visions must have given the Apostles some insight into the intimacy and togetherness of the Trinity and the redemption and love which had expressed itself in Jesus and which was now being asked of them to carry on in the Church.

In the carrying out of our own mission, we are aware of being led by the Trinity to preach the Gospel by both word and deed.

In these days of turmoil, we search for ways to alleviate the hardships of families living with increasing poverty, war and environmental destruction, which has put our planet in peril.

And so, let us pray to the Trinity for strong leadership, working for the good of all. We also pray that we may play our part wholeheartedly in bringing about the Kingdom of God on earth.

Holy Trinity,  
give us courage, resolution and staying power to bring about a more peaceful world, where all may flourish and develop. May the Church be a leader in this new society where peace and justice reign.  
Amen.



## Pray with us

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## The joy of volunteering

Read about how Caitlin finds joy as a CAFOD volunteer sharing the work of schools, and how it connects her to her faith and her community.

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## Horn of Africa food crisis

The war in Ukraine is causing rising prices and food shortages. Find out more about the food crisis in the Horn of Africa and how you can help.

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This reflection and prayer were written by Sister Bridgetta Rooney of Saint Joseph of Peace. This congregation is dedicated to bringing peace and justice to the world by their work and prayer.



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