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Based on the gospel for 30 May, the Most Holy Trinity: Matthew 28:16-20

“Go, therefore, make disciples of all nations; baptise them in the name of the Father, and of the Son, and of the Holy Spirit.”

In Sunday's gospel, we hear this command to make disciples of all nations from our benevolent Saviour, who, though he was without sin, humbly chose to be baptised. The power of salvation can be seen through the Holy Trinity, as we see God express delight in the Son, through the Holy Spirit.

Jesus comes to his disciples on the mountain, showing the love he has for humanity, through his faithful assertion that he will be with them always. And we believe that he is still with us always today.

The knowledge of his loving presence with us is a wonderful gift, which can bring us strength and comfort as we try to live our lives as Christ has called us to do.

I hope that we may all seek to follow Christ's tender example and try to show love in a world that is much in need of healing. Especially, as we consider the effects of climate change on this earth which God has made.

God our Father,

Thank you for the precious gift of your Son, who came to show us how to love one another. May your Spirit be with us always, to guide us in all that we do.

Amen.



G7 interfaith event

Send a message of faith in a better world to the G7 leaders on 10 June.

Join livestreamed
event



Parliament in your parish

Tell your MP why we need to reclaim our common home in 2021

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Prayers for May

Join in prayer throughout the month of May.

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This reflection and prayer were written by Sasha Breakenridge, a CAFOD volunteer from Southampton.



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