5/27/22, 11:18 AM CAFOD

Weekly Reflections

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Based on the gospel for Sunday 29 May, Seventh Sunday of Easter: John 17:20-26

"May they all be one, just as, Father, you are in me and I am in you, so that they also may be in us, so that the world may believe it was you who sent me."

Before all ages and in the realms of light, God knew us and formed us in our mother's womb.

He knows our sleeping and our waking, our coming and our going. He never abandons us even if we wander far from him. Even in darkness and despair he is with us and nothing can separate us from his love.

He is in us and we are in him, through Jesus Christ our Lord who has revealed him to us. God can be found in the words and actions of others, especially those in need, and has come to us through the words of scripture.

By the power of the Holy Spirit acting through the sacraments of the church he binds humanity together in spirit and love.

As one body in Christ we are testimony and witnesses to God's love. May our witness open the doors to others who seek his face. Particularly those who are oppressed, marginalised and abandoned.

God of all,

guide us and lead us to be faithful witnesses to your love, so that the world will know peace. Amen.

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Laudato Si' week

Reflect and respond to Pope Francis' call to the whole human family to come "together to protect our common home".

Read more



Challenge yourself

Discover the amazing people who have been running and raising money for CAFOD and find out how you could join in.

Get involved



Rosary for an end to hunger

Reflect with these luminous mysteries of the rosary as we seek to dispel the darkness of poverty and tackle the causes of hunger.

Pray with us

This reflection and prayer were written by Angela Lawton, a CAFOD volunteer from Birchmoor, Tamworth.









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