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Based on the gospel for Sunday 30 October, Thirty-first Sunday in Ordinary Time: Luke 19:1-10

"When Jesus reached the spot he looked up and spoke to him, 'Zacchaeus, come down. Hurry because I am to stay at your house today.'"

There are times in our lives when we can find it hard to see past the wrongdoings of others, leading our perspectives to become clouded. And stopping us from treating each other with love.

But Jesus has shown us through his meeting with Zacchaeus the power of true repentance and forgiveness. Jesus ignored the judgement of the crowd when he accepted the hospitality of a 'sinner'.

Zacchaeus tried to right his wrongs by using his wealth for good but Jesus recognised the purity of his repentance.

Every single one of us is fallible and we all make mistakes. Yet as Jesus demonstrates with his unprejudiced treatment, deliverance is available for us all. Zacchaeus is no longer a lost soul, he has received salvation.

We must not allow our failures to discourage us. Rather we should find hope in the knowledge that God looks at our hearts. He knows the reason behind everything we do, he knows when we are truly sorry, and he is a just and fair judge.

Let us try to make a conscious choice every day not to be led by the opinions of others. So that we may honour the example of our wonderful Creator and the lost may find their way.

Merciful God, thank you for the salvation you have given us through your Son. We ask you to help us live our lives without judging others, always showing the mercy and compassion that you have taught us. Amen.



Stop the COP-out at COP27

Join us in urging Liz Truss to work with other leaders at this year's climate talks to stop the COP-out at COP27.

[Email the PM](#)



Rosary for an end to hunger

Throughout October, the month of the rosary, listen to and pray along with these luminous mysteries for an end to hunger.

[Pray with us](#)



Remembrance prayers

As we approach All Saints and All Souls, we pray for all those who have died and all who mourn them.

[Join us](#)

This reflection and prayer were written by Sasha Breakenridge, a CAFOD volunteer from Southampton.



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