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Based on the gospel for Sunday 9 May, Sixth Sunday of Easter: John 15:9-17

“This is my commandment: love one another, as I have loved you.”

What is love? A feeling? An emotion? Something given? Something received? The Gospel this week presents ‘agape’ love, a selfless love which is expressed as radical commitment. The love of God made visible in Christ.

Jesus gave his disciples the command to love as they reclined at the Last Supper and, when I look at Jesus, loving perfectly, passionately, I see the cost of such love. For him, real intimacy meant putting the other first, even at great personal cost. Jesus would shortly be giving his life for them – and for us – and he calls us, today, to be willing even to love as he loves.

And so, I ask myself, when have I been the recipient of love? When have I shown real love to another? And what was the effect?

I take a few moments to be thankful for God’s great love, and for the love of those around me. And then I ponder... is there a situation, in my family, neighbourhood, parish, workplace, society, requiring me, even today, to make a real, selfless, act of love?

Lord, help me to say yes to you today. Yes, to your choice of me; yes, to your offer of friendship; yes, to joyful service; yes, to the mission to go into the world and love it and so bear a fruit that will last. Amen.



## Coronavirus Appeal

Help respond to India's devastating second wave of coronavirus by donating to our appeal.

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## Mass for India

Join us today at 6.30pm for an online Mass for the people of India.

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## Prayers for May

Explore our Marian prayers for the month of May.

[Pray with us](#)

This reflection and prayer were written by Ged Johnson, spiritual director at St Beuno's Jesuit Spirituality Centre in North Wales.



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