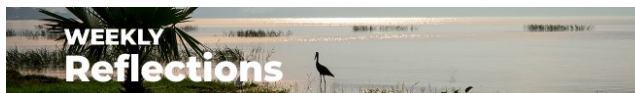


Weekly Reflections

[Unsubscribe](#) | [View in browser](#)[Our Work](#)[Donate](#)[Get involved](#)

Based on the gospel for 3 October, Twenty-seventh Sunday in Ordinary Time:  
Mark 10:2-16

"Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs."

Jesus welcomed the little children, making time and space for them to be in his presence. He did not want them to be excluded, to be seen as somehow less important or less worthy, just because they were children.

We are called to do the same. Not just by looking out for children, but by making sure that all people, especially those who are vulnerable, those who are normally overlooked and unheard, have all that they need. That they are heard and welcomed, that they are listened to and supported.

The coronavirus pandemic is pushing millions of people around the world into poverty and has deepened inequality. The poorest and most vulnerable people are also the ones who are being hit hardest by climate change. Harvests are failing. Cities are flooding. Entire communities are struggling.

Pope Francis calls us all to dream and act together: "Let us dream, then, as a single human family... as children of the same earth which is our common home... each of us with his or her own voice, brothers and sisters all."

Today on Family Fast Day, we can support people around the world who have a vital role as guardians of creation. And we can all play our own part in ensuring a hopeful future for the earth, for now and for future generations.

Grant us grace, Lord,  
to put the flourishing of all people  
and the wonder of your creation  
at the heart of all we do.  
Amen.



### Climate Crisis Appeal

Donate to our appeal and stand alongside communities like Ivanilde's as they care for the earth.

[Donate now](#)


### Go Green and Give!

Take on a green fundraising challenge and help to tackle poverty and the climate crisis.

[Find out more](#)


### Family Fast Day prayer

We pray for all those who strive to protect God's wonderful gift of creation.

[Pray with us](#)

This reflection was written by Catherine Gorman in the Theology team. The prayer is an extract from our [Family Fast Day prayer](#).



This CAFOD email includes weekly reflections on a gospel passage. To ensure your email newsletter reaches you every time, add [news@email.cafod.org.uk](mailto:news@email.cafod.org.uk) to your address book or contacts list. We protect your privacy and don't share personal data with third parties. [Read our privacy notice](#).

The Catholic Agency for Overseas Development (CAFOD) is the official aid agency of the Catholic Church in England and Wales and part of Caritas International. Charity no 1160384 and company no 09387398. © CAFOD 2021 If you don't wish to hear from us any more, we're sorry to see you go, but you can [unsubscribe](#)

Catholic Agency for Overseas Development  
Romero House, 55 Westminster Bridge Road,

10/4/21, 9:09 AM

CAFOD

London,  
SE1 7JB,