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Weekly Reflections

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Based on the gospel for Sunday 26 February, First Sunday of Lent: Matthew 4:1-11

Jesus said to him, "Away with you Satan! For it is written, 'Worship the Lord your God and serve only him."

Our readings for the first Sunday of Lent invite us to ponder our dependence on God and our solidarity with all creation. In Genesis we hear of God creating human beings from the soil, reminding us of our close relationship with the earth and our Creator.

In the gospel story of the temptation in the desert, Jesus resists any urge to seek earthly recognition and power, pointing instead to God as the foundation of our lives.

Reliance on God is something we share with all creation. Remembering this, we can perhaps better recognise our responsibility to care for our common home, the earth, and our sisters and brothers.

In Bangladesh, 14-year-old Dristy is no stranger to the devastation that extreme weather, caused by the climate crisis, can bring. She knows that when a cyclone comes, she must put her school books in a bag and go to the shelter where it is safer.

She says: "The adults around me talk about natural disasters, and they worry about that...If we want to be safe, we want to plant lots of trees, and we have to stop taking out sand from the river. We need to stop destroying forests. We need to stop all the black smoke coming out of factories too. We need to let people know about this, because not everyone knows it."

So, in this season of Lent, as we remember our common dependence on God, let's take time to ponder what this means for our lives and for how we care for our world and all our global family, especially those who are most vulnerable.

Faithful God, you created and sustain all things.
Create in us a desire to live simply and in solidarity with our sisters and brothers in need.
Amen.

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Pray for Ukraine

Today, 24 February, is the one year anniversary of the beginning of the war in Ukraine. Join us as we pray for the people of Ukraine.

Pray with us



Reflect this Lent

Looking for inspiration for Lent?
Sign up for daily Lent Calendar reflections in your inbox, offering thoughts on scripture, stories of our global family, prayers and practical ideas for action.

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Donate to our Lent appeal

Give to our Lent appeal and help more families like Dristy's get the tools and training they have requested to fight the climate crisis and create a better future.

Donate now

This reflection and prayer were taken from our **Lent Calendar**.









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